## You have questions about one of these topics:

- There is not enough money. How can I apply for supplementary benefits?
- I want my children to go to day care. How can I find a childcare place?
- I am worried about my health or the health of my family. Where can I find support in case of illness or disability?
- What kind of job can I do in Germany? Where can I get help in finding a job or training place?
- I am pregnant and now I have many questions. Where can I find suitable counselling even if I am unintentionally pregnant?
- I would like to accompany my children on their educational path. Who can support me in doing so?
- Who can help me fill out forms?
- Where can my partner, my children or I learn German?

Or any other questions that are important for your life in the Rhein-Sieg-Kreis?

## We offer counselling and support, including but not limited to these areas:

- Cooperation with authorities, e.g., foreigners' authority, social welfare office, youth welfare office, education authority, etc.
- Financial/material support such as benefits from the job centre, child benefits or allowances, education and participation package, connection to the Tafel (food bank), other social benefits, etc.
- Search for language courses
- Support for your family, for example with day care and school attendance for your children
- Health
- Work permit
- Professional integration and qualification
- Crisis situations
- Driving licence and public transport









- Social integration (e.g., sports clubs, voluntary work)
- · Help with referral to other specialised counselling centres

Of course, we also help with questions on other topics or refer you to a suitable counselling or support service.

## Who is the offer aimed at?

- People who have recently immigrated to Germany
- People with a history of flight
- People who have been living in Germany for some time already
- People who do not yet receive regular counselling

## Make an appointment for counselling

- Our counselling is free of charge and confidential
- If required, a translation can also be requested

www.rhein-sieg-kreis.de/case-management









